

Making A Positive Difference Everyday!!

Connections

JULY 2011

Regional Direct Support Professionals (DSP) Awards Nominations	2
Family Support Trainings & Info	3
Autism News/Classes	
Region 10 Golf Tournament	
Success Story ~ Yessy	4
Marilyn Dillon Photos	
People Power Post	
Office Space for Lease	5



Region 10

Board of Directors

Welcomes Elaine Lavin

Cathy Spinney, along with other members of the Board of Directors, welcomed our newest Board member, Elaine Lavin, at the recent Board of Directors meeting on June 9th. Elaine has been associated with Region 10 for many years and is currently the Executive Director of Salem ARC.

Her knowledge and experience are a great addition to our Board. Members of the Board from (l) to (r) are Ken Ferreira, Marion Donahue (back row), Linda Steir, Elaine Lavin, Cathy Spinney, Barbara Strzykalski, & Kathie Dayotis.

Upcoming Changes to Region 10's "Connections" Newsletter

In this economy, when funding is being reduced and eliminated for some services, we need to assure that we maximize the use of all our resources and continuously look for every efficiency and cost saving. In preparing for a lean fiscal year with ever increasing service needs, we are looking at our expenses and evaluating whether or not there are any opportunities for improvement while also saving resources.

At one time, "Connections" was Region 10's primary means of communicating agency information, training, development activities, educational materials, etc. as we did not have other means of communicating readily available to us. Over the past year we have worked to enhance our communications ability through increased use of technology. Most notably, we now have a working Website which is updated frequently, are on Facebook, and have developed email trees for those consumer/families who have provided us with their email addresses. As we've increased our use of technology, we know that individuals and family members have also.

The costs associated with producing our "Connections" newsletter, having it printed, making copies for the inserts that we include on a regular basis, having the newsletter collated, sorted and distributed by another agency, and mailing to over 1500 people, add up to a significant amount! In the past, there were also issues periodically with "Connections" arriving in a timely manner due to our use of bulk mail and local Post Offices handling bulk mail differently.

So in an effort to maintain our communications, increase timeliness, deliver our messages more cost effectively, while going GREEN at the same time, we are making the following changes effective with this newsletter:

- ◆ "Connections" will change from a Monthly to Quarterly Newsletter and will be produced in July, October, January and April;
- ◆ We will utilize our Website to distribute "Connections" each quarter and will send out a Facebook notice on the date that "Connections" is posted on the Web Page. If you are unable to access our Website or want us to continue mailing paper copies to you, we will continue to do so, provided that you complete the form on the bottom of page 5 and return it to Region 10;
- ◆ We will utilize our Website and Facebook, along with email trees when appropriate, to distribute information between issues of "Connections."

We believe that Region 10 is now in a position to implement these changes while maintaining quality communications. The savings that we achieve will be utilized to meet other critical needs within our agency. I would like to thank you in advance for your assistance in making this transition successful. If you have an email address and haven't already provided Region 10 with it, or if your email address has changed recently, we would appreciate your providing this information to us. If you need to continue to receive a paper copy of "Connections" please complete the form on the bottom of page 5 and return it to Region 10 or notify Sheila Prunier or Carole Fongemie by August 1st.

On behalf of Region 10 and I'm sure everyone who reads "Connections," I would like to take this opportunity to acknowledge Stacy Merriam who has been coordinating our "Connections," newsletter for the past several years. She has certainly done a great job in this regard!

To provide an email address, a change in an email address previously provided to Region 10 or to request continuing to receive a paper mailing of "Connections," please complete the form on the bottom of **page 5** and return it to Region 10 Community Support Services by August 1st.

Golf Tournament Donations!!!!

The Golf Committee has been meeting regularly to gear up for another successful, fun day of golf and chances to win. The committee welcomes donations to be used for this great event and the players look forward to the wonderful variety of items that they have the opportunity to win. If you have any items/cash donations, please contact any member of the golf committee by calling 893-1299 or see flyer insert.

REGION 10 COMMUNITY SUPPORT SERVICES INC. 8 COMMERCE DRIVE ATKINSON, NH 03811 (603)893-1299

Visit our Website: www.region10nh.org

Email: info@region10nh.org

Regional Direct Support Professional Awards

I am very pleased to announce that **once again** this year, as part of a statewide initiative involving all Area Agencies, Region 10 Community Support Services, Inc. will be recognizing the exceptional contributions of direct support professionals working with individuals served through our agency.

Region 10 will be accepting nominations for our awards until August 1, 2011.

From nominations received, Region 10 will select two direct support professionals (one employee and one home care provider) as part of our recognition of Direct Support Professionals Day in September. The two recipients of our regional awards will be submitted as Region 10's nominees for the Statewide Direct Support Professional of the Year Awards that will be presented by the Developmental Disabilities Council later this fall.

To submit your nomination(s) for these regional awards, please complete the nomination form enclosed in Connections and submit it along with any other supporting documents (photographs, newspaper articles, testimonials, etc). Mailing/e-mail address can be found at the bottom of nomination form.

Region 10 will announce our award recipients in early August. Please take the time to nominate staff/providers for their exceptional service. I look forward to receiving your nominations.



2011 Direct Support Appreciation Nomination Form

Region 10 Mission Statement:

Our mission is to support people who have developmental disabilities or acquired brain disorders, in partnership with families and caregivers, to enhance their independence and personal growth while fostering meaningful relationships and involvement within their communities.

Name of Nominee: _____

Direct Support Role: Employee _____ Home Care Provider _____

Employed by or Contracted by: _____

Please describe why you feel this person should be recognized as our Direct Support Professional of the Year (attach summary if desired):

Please provide specific examples of how this person carries out the mission of our agency (attach summary if desired):

How long has this nominee been involved in the activities described above?

Name of Person Submitting Nomination: _____

Relationship to Nominee: _____

Please send Nominations before August 1, 2011 to:
Region 10 Community Support Services Inc, 8 Commerce Drive, Atkinson, NH 03811
Or email to sprunier@region10nh.org

**Region 10
Board of Directors**
(towns they represent)

**Cathy Spinney,
President**
(Pelham)

**Ken Ferreira,
Vice President**

**Barbara Strzykalski,
Treasurer**
(Atkinson)

**Kathy Murphy,
Secretary**
(Chester)

Ed Adamsky, Esq
(Pelham)

Lorraine Butler
(Derry)

Kathleen Dayotis
(Atkinson)

Colleen Demers
(Pelham)

Jim Dickerson, DMD
(Windham)

Marion Donahue
(Bradford, MA)

Elaine Lavin
(Salem)

Robin Knight
(Sandown)

Linda Steir
(Atkinson)



**Region 10
Golf Tournament**
~September 15th~



FAMILY SUPPORT



FAMILY SUPPORT INFORMATION In Need of Summer Respite?

We have a newly graduated high school student who will be attending college in the fall. She would like to provide respite to a family during the summer months. If you are interested, please contact Anita Trudel at Region 10 CSS, 893-1299 X334 or atrudel@region10nh.org

Special Education Information

For great Special Education information visit www.wrightslaw.com and go to www.wrightslaw.com/info/diploma.cert.no.htm for information on Certificate Program v. Regular Diploma.

Apps & Augmentative Communication Needs

Check out these two sites for a wonderful opportunity to learn about more apps or even apply for one for your families augmentative communication needs:

- ◆ <http://www.facebook.com/a4cwsn?ref=ts&sk=wall>
- ◆ <http://a4cwsn.com/>

Apps for Children with Special Needs would like to provide iPads to as many families dealing with Special Needs. They will be starting a campaign to raise money as well as contributing money from the site in order to do this.

All you have to do to be eligible is register with A4cwsn, follow them on Twitter and/or Facebook then send them a letter detailing why your family needs an iPad and how it will help you. There will be a list compiled and the ones they feel could benefit most will be moved to the top. The more information you give them, the more we can determine your situation, photos, videos, school reports, what ever you feel comfortable sharing. Simple and easy to do!

Sensory Friendly Movies

At the Loews theater in Methuen at the Loop, they are accommodating people with autism and other

disabilities who deal with sensory issues at special showings of first run films. The house lights stay on, the volume is turned down, no previews or advertisements are played, and your own snacks are allowed. The "Silence is Golden" policy will not be enforced and audience members are allowed to get up and walk around the theater if they have trouble staying seated. All shows start at 10am.

Summer Movie Schedule As Follows:

July 2, 2011: Cars 2

July 23, 2011: Harry Potter & the Deathly Hallows ~Part 2

August 6, 2011: The Smurfs

August 26, 2011: Spy Kids 4-All the Time in the World

October 1, 2011: Dolphin Tale

November 5, 2011: Puss in Boots

**Cost is \$6 for kids and adults. For questions or more information please call the business office number to the theater at 978-738-8942.



Calling All Bakers

We are looking for bakers for our 22nd annual Golf Tournament. We need over 40 dozen cookies, any donations

would be greatly appreciated. We will need the homemade cookie donations by Sept. 13, 2011. If you would like to make a donation of homemade cookies to the golf tournament, please contact Kelly Judson at 893-1299 ext 331 or kjudson@region10nh.org as soon as possible. Thank you for your support!

Social Skills Program for teens

This program is a collaborative between UNH's Northeast Passage recreational therapy program and SLHC. The program is for students in need of improving social and communication skills and may have a diagnosis of Asperger's syndrome, high functioning autism or nonverbal learning disability. Sessions run three days/week, in groups of approx. 3-5 participants, for 2.5 hours. Please call Amy Plante at 862-2546 if you are interested. She may also be reached at amy.plante@unh.edu

Katie Beckett Medicaid at the Age of Eighteen ~ Did You Know?

If your son/daughter is on Katie Beckett Medicaid and has turned 18 years of age, you must re-apply for eligibility under the Aid to the Permanently and Totally Disabled (APTD). It is recommended you make this new application following the person's 18th birthday, but prior to turning 19. The sooner the better. If you wait until after their 19th birthday you will lose your coverage waiting for the eligibility determination for APTD to be made. At 19 your son/daughter will no longer qualify under Katie Beckett and will automatically be terminated from this Medicaid program. You will not receive notification of this termination.

Region 10 Family Support Council

Robin Knight
Chairperson
(Sandown)

Laurie Giguere
Vice Chairperson
(Salem)

Mariellen Rowe
Secretary
(Derry)

Lynn Aboujaoude
(Pelham)

Carol Dabrowski
(Derry)

Katie Everett
(Windham)

Susan Nyberg
(Chester)

Alece Pappas
(Salem)

Darlene Wilson
(Newton)

*Meetings are scheduled the **third** Tuesday of the month from 6:30- 9:00 pm at Region 10.*



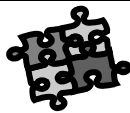


A List To Keep Handy

Region 10 CSS
Employee
Extensions
.....

Aleece.....	322
Anita.....	334
Bill.....	317
Carole F.....	307
Carole T.....	336
Cathy F.....	319
Chris.....	312
Dee.....	323
Dianna.....	314
Donna.....	340
Irek.....	333
Gina.....	332
Jane.....	315
Jinelle.....	311
Judy.....	339
Julie.....	343
Kristen.....	320
Kelly.....	331
Kim.....	329
Kristine.....	330
Leslie.....	327
Linda L.....	324
Mariellen.....	318
Mary.....	313
Nancy.....	338
Robb.....	325
Sheila.....	306
Stacy.....	337
Tammy.....	326
Terri.....	321
Tina.....	341
Tom.....	316

Just call
Region 10 at
603-893-1299
and dial the
extension of the
person with
whom you wish to
speak!



Autism News:

For Autism Support Groups, log onto <http://www.autism-society-nh.org/Support.html>

**Two Days with Carol Gray:
Social Stories and More**

- ◆ Date: Monday, July 18, 2011
- ◆ Start Time: 9:00 am End Time: 5:00 pm
- ◆ Location: Framingham State University, 100 State Street, Framingham, MA • Dwight Hall Performing Arts Center

On July 18-19, 2011, Carol Gray will be presenting a two-day workshop at Framingham State University. Day one of this fun, fast-paced, hands-on workshop uses lecture, demonstration, discussion, activities, and practice of new skills to teach participants to develop Social Stories™. Carol Gray will also introduce Storymovies™. On day two, participants will examine the complexities of communication via the Internet and social media. Special attention will be paid to issues of bullying and ways to help people with autism spectrum disorders recognize and respond to a bullying attempt.

Parents, grandparents, teachers, professional support personnel, administrators and others who support and work with people with autism spectrum disorders and other disabilities are encouraged to attend. The registration fee is \$150, which includes a light breakfast and lunches each day and all workshop materials. For more information contact Kate Hibbard at khibbard@framingham.edu. Or go to <http://www.framingham.edu/carolgray>

Save The Date

The 13th Annual Autism Summer Institute – “Everybody Reads, Everybody Writes, Everybody Has Something to Say” will be held on August 8 -10, 2011 at the Crowne Plaza Hotel, Nashua, NH. **Featuring:** A strand specifically for adolescents and young adults who experience autism organized by the Autistic Self-Advocacy Network*; Age-specific content; A hands-on technology exploration lab and evening film screenings. **Keynote Presentations by:** Donna Williams, a prolific author and artist from Australia; DJ Savarese, self advocate and young adult; Student Advocates, including filmmaker Drew Goldsmith, representing the national youth inclusion campaign I am Norm; Ari Ne’eman, Founding President of the Autistic Self-Advocacy Network; Christi Kasa, Ph.D., University of Colorado; and Therese Willkomm, Ph.D. assistive technology expert from

Questions? Call 603-228-2084 or email the IOD at contact.iod@unh.edu.

To register: www.iod.unh.edu.asi.

Stay connected – find them on Facebook.

*A discounted rate will be offered to youth and young adults with autism who would benefit personally and who may also be potential leaders in their schools and communities. For more information: Mary Schuh – mary.schuh@unh.edu or Cheryl Jorgensen – cheryl.jorgensen@unh.edu about the Institute content. Mary Ann Allsop – maryann.allsop@unh.edu with registration or logistic questions.



**2010 Golf Tournament
Call to Action!**

Time to dust off the clubs!

Region 10 is gearing up for its 22nd Annual Golf Tournament to be held on Thursday, September 15, 2011 at Candia Woods Golf Links, Candia, NH. Help us make this our best tournament ever!

We’ve enclosed the golf flyer in our newsletter this month. Help us by sharing it with business associates, friends and neighbors, as well as organizations in your community.

Imagine how successful our tournament could be if everyone brought in just one sponsor or donation. Remember, all proceeds from our fundraising events go to support the many individuals and families that we serve. Our events don’t happen without your support---help us make a positive difference---get involved! For more information please call 893-1299 and ask to speak with Bill or Jane at the Region 10 office.



Beading Buddies

Thanks to the efforts of Mary Reed, Region 10 Service Coordinator, Region 10’s Developing and Marketing Coordinator Jinelle Hobson

and her beading buddy Yessy have been meeting regularly for the past several months.

Yessy and her support team are learning how to create beautiful beaded designs. Yessy, who is now a proficient beader, and Jinelle have created some beautiful beaded jewelry. Yessy has quite a collection of finished necklaces, bracelets and earrings that she hopes to sell in the future.

While Jinelle has provided Yessy with finishing techniques, Yessy has given Jinelle so much more! “We have a bond that I will always Treasure,” Hobson said. “We have developed a mutual respect and admiration for each other, and each of us benefit greatly from our classes together. It has been wonderful to watch Yessy’s skills grow with each class.”

Yessy is working on her inventory and hopes to make some of her pieces available for sale. Stay tuned for updates on Yessy’s beading business.

Marilyn Dillon PHOTOGRAPHY



Marilyn Dillon Photography in Hampstead, New Hampshire is a studio that aims to not just take photographs but to capture moments. The warm environment and care of the photographer, Marilyn, manifest themselves in the outstanding quality of images that showcase the subject in their most natural and comfortable self. A Certified Professional Photographer, Marilyn aims to cultivate a relationship with her



clients so to capture a truly touching and flattering portrait.

One of her recent endeavors, that combines her love for poignant photography along with dedication to her subjects, is her work to become accredited with **Special Kids Photography of America**, a nonprofit organization. Sessions for children with special needs include a pre-session interview, a private studio or on location portrait session and a fun preview session in the studio. In order to achieve accreditation, Marilyn has taken a training workshop, passed an examination and will submit a collection of portraits from her work with children with special needs for review. While still very new to her, Marilyn finds this work very rewarding; it warms her heart when her clients bless her with tears and hugs upon previewing their images. She believes that every family should have a beautiful portrait of their child, including children with special needs.

****For contact information visit www.marilyndillonphoto.com.**

People Power Post



The word is out and people want People Power! In June, our group welcomed two more self-advocates bringing our number to an even 20. Welcome new members!

Every year People Power reviews its by-laws and elects its officials. In our June meeting candidates gave speeches and ballots were cast. Congratulations to Lorraine, our new secretary. Thanks to Donna for her years of service as secretary to the group. Caroline was elected as treasurer for another year and Chris and Corey remain co-chairs. The elections were close and the runners-up are encouraged to run for election again next year. It was a great race!

Our group sadly said goodbye to Beth, one of the current advisors who is leaving us for new and exciting opportunities. We thank Beth for all she has meant to us wish her good luck with her new opportunities. She will surely be missed. Everyone with an email address traded theirs with Beth and promised to keep in touch.

Judy Crane and the group interviewed a potential new advisor. The group had lots of questions for her and learned a lot about her. Everyone is excited and hope to have her join People Power as an advisor along side Dianna.

Our next meeting will be held on July 7th. The topic for the night will be "Independence Day – How it affects my life."

Don't forget we meet the first Thursday of every month at the Hampstead Library. For further information, please call Dianna Winward at 893-1299

~~~ Must be 21 years of age or older to join ~~~

We hope to see you there!



MISSION STATEMENT

"Our mission is to support people who have Developmental disabilities or acquired brain disorders, in partnership with families and caregivers, to enhance their independence and personal growth while fostering meaningful relationships and involvement within their communities."

-Region 10

(Cont'd from front page)

"Connections" Newsletter Information Changes

Name: _____

Complete Mailing Address: _____

Current Email Address: _____

Relationship to Region 10:

Individual or Family Member

Local Agency/Organization

Community Member or Business

Town/Government agency

Yes, I want to continue to receive a paper copy of the "Connections" newsletter



Executive Director
Jane Dichard
Newsletter Editor
Stacy Merriam

Calendar of Upcoming Trainings

Board of Director's Meeting

July 14th
6:30 pm

Date & time subject to change. Please call to confirm if attending.

*If not connected to Region 10 Community Support Services Inc., there is a \$25 per day fee charged for trainings.

If you would like more information on any of the trainings sponsored by Region 10, please call 893-1299.

JOIN US FOR THE FOLLOWING:

July Trainings:
*will be held at
Region 10 Community
Support Services,
Atkinson, NH*

Empowerment
Lynn Tonkin
July 20, 2011
9:00 a.m.-11:00 a.m.

Rights
Sharon Richey
July 20, 2011
11:30 a.m.-2:00 p.m.

**Overview of System &
Developmental Services**
Jane Dichard
July 20, 2011
2:15 p.m.-4:15 p.m.

****Please register by
July 13th**

August Trainings:
*will be held at
Region 10 Community
Support Services,
Atkinson, NH*

**Understanding &
Supporting Effective
Behavior/Helping People
Learn Useful Skills**
Sharon Richey
August 17, 2011
9:00 a.m.-2:00 p.m.

****Please register by
August 10th**

September Trainings:
*will be held at
Region 10 Community
Support Services,
Atkinson, NH*

Health & Safety
TBD
September 21, 2011
9:00 a.m.-12:00 p.m.

Quality of Life
Martha Bonneau
September 21, 2011
1:00 p.m.-4:30 p.m.

***Please register by
September 14th**

October Trainings:

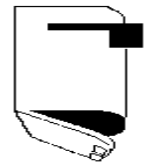
*will be held at One Sky Community Support Services,
Portsmouth, NH*

Empowerment
Lynn Tonkin
Oct. 19, 2011
9:00am-11:00 am

Rights
Sharon Richey
Oct. 19, 2011
11:30am-2:00 pm

**Overview of
System &
Dev. Services**
Jane Dichard
Oct. 19, 2011
2:15pm-4:15 pm

***Please register by October 12th**



Serving individuals with developmental disabilities and their families in the following communities:
Atkinson Derry Pelham Salem
Chester Hampstead Plaistow Windham
Danville Newton Sandown