

Making A Positive Difference Everyday!!

Connections

JUNE 2010



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MISSION STATEMENT
"Our mission is to support people who have developmental disabilities or acquired brain disorders, in partnership with families and caregivers, to enhance their independence and personal growth while fostering meaningful relationships and involvement within their communities."-Region 10

Another Successful Event!!

Region 10's Silent Auction on May 8 was a fun-filled night of entertainment, good eats, wine-tasting, laughter and most of all—great fund-raising! This was our seventh year, and it just keeps getting better and better. Zorvino Vineyards in Sandown did a stellar job of providing the best function hall, food, drink and service ever! Thank you, Zorvino's! And a huge thank you to our events new DJ, Rob Frye, who did a spectacular job. Thanks to the sponsorship of Oracle and to the many, many donations from families, consumers, businesses, staff, and vendors, the evening netted well over \$10,000 to help support families and



DJ ~ Rob Frye

individuals with disabilities in our Region 10 area. (See a full list of our generous donors on page 5.)

Auction items included hot-air balloon rides, Cirque du Soleil tickets, gym memberships, Spa packages, Gorgeous hand-beaded jewelry, Photography and Restaurant certificates, Two-days of outdoor yard services, as well as beautifully decorated baskets like the Grilling Basket, the Weight Watchers basket, the Family Game Night basket, the Bird Watchers Basket and many more. Then



Gas Card Winner ~ Diana O'Reilly

there was the "Chicken Auction" for two Southwest round-trip airfare tickets to anywhere Southwest flies. Wow!! One of our goals to make next year's Silent Auction even better is to offer more and more sports-related items. If you like to donate, please consider how we can top all our previous auctions with more fantastic items!

So put next year's Silent Auction date on your calendar! It's scheduled for Friday, May 6, 2011. That's Friday evening on Mother's Day Weekend. The beautiful Zorvino Vineyards will again be the place. Region 10 looks forward to having you, your family and friends join us for another fund-raising night to remember!!



Dianna Winward, Stacy Merriam & Carole Thibodeau



Southwest Tickets ~ Linda Weeks



Leslie Coughlin, Alexis Coughlin & Kristine Houle



50/50 Winners~ Karen and Joe Hatch



Scratch Ticket Winners~ Debbie Bean and Karen Hill

2010 Golf Tournament Call To Action!

Region 10 is gearing up for its 21st Annual Golf Tournament to be held on Thursday, September 16th at Candia Woods Golf Links, Candia, NH. Help us make this our best tournament ever! We've enclosed the golf flyer in our newsletter this month. We're asking that everyone help us by sharing it with business associates; friends and neighbors; and organizations in your community. Imagine how successful our tournament could be if everyone brought in one sponsor or donation. Remember, all proceeds from our fundraising events go to support the many individuals and families that we serve. Our events don't happen without everyone's support---help us make a positive difference---get involved!





**Region 10
Board of Directors**
(towns they represent)

**Cathy Spinney,
President**
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**Ken Ferreira,
Vice President**

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(Atkinson)

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(Pelham)

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(Windham)

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(Bradford, MA)

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(Sandown)

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(Salem)

Linda Steir
(Atkinson)

Regional Direct Support Professional Awards

I am very pleased to announce that **once again** this year, as part of a statewide initiative involving all Area Agencies, Region 10 Community Support Services, Inc. will be recognizing the exceptional contributions of direct support professionals working with individuals served through our agency.

Region 10 will be accepting nominations for our awards until July 1, 2010.

From nominations received, Region 10 will select two direct support professionals (one employee and one home care provider) as part of our recognition of Direct Support Professionals Day in September. The two recipients of our regional awards will be submitted as Region 10's nominees for the Statewide Direct Support Professional of the Year Awards that will be presented by the Developmental Disabilities Council at the DSP Conference in October.

To submit your nomination(s) for these regional awards, please complete the nomination form and submit it along with any other supporting documents (photographs, newspaper articles, testimonials, etc.)

To: Region 10 Community Support Services, Inc.
8 Commerce Drive, Suite 801, Atkinson, NH 03811
Attention: AWARDS

Or email to: sprunier@region10nh.com

Region 10 will announce our award recipients in early August. I look forward to receiving your nominations.

Region 10 Mission Statement:

Our mission is to support people who have developmental disabilities or acquired brain disorders, in partnership with families and caregivers, to enhance their independence and personal growth while fostering meaningful relationships and involvement within their communities.

Name of Nominee: _____

Direct Support Role: Employee _____ Home Care Provider _____

Employed by or Contracted by: _____

Please describe why you feel this person should be recognized as our Direct Support Professional of the Year (attach summary if desired)

Please provide specific examples of how this person carries out the mission of our agency (attach summary if desired)

How long has this nominee been involved in the activities described above?

Name of Person Submitting Nomination: _____

Relationship to Nominee: _____

**Please send Nominations before July 1, 2010 to:
Region 10 Community Support Services Inc, 8 Commerce Dr., Atkinson, NH 03811
Or email to sprunier@region10nh.com**



FAMILY SUPPORT



FAMILY SUPPORT TRAININGS & GROUPS

Some Valuable Trainings and Workshops

To access the NH Bureau of Developmental Services Education and Training calendar for March to November, 2010, go to <http://www.dhhs.nh.gov/DHHS/BDS>

Summer 2010 Special Clinical Programs at UNH, Durham

UNH will be offering three different summer programs at their speech-language hearing center that will run from June 28 – July 30 at Hewitt Hall, Durham, NH.

- ◆ **Lindamood-Bell Phoneme Sequencing Program (LiPS):** This is designed for elementary age students who are experiencing reading and/or spelling difficulties. Students will attend daily two-hour sessions over a 4-week period. Fee: \$800.00
- ◆ **Social Skills Program:** This is designed for school-aged individuals with satisfactory speech/language development who are in need of improving social communication skills. Appropriate participants may have a diagnosis of Asperger's syndrome, high functioning autism or nonverbal learning disability. Sessions will run for 2 ½ hours on Mondays, Wednesdays and Fridays with times to be arranged. Fee: \$650.00
- ◆ **Stuttering/Fluency:** Pending sufficient number of participants, three fluency treatment programs may be offered for ages 4-7, 8-12, and adolescents and adults. Programs will run Tuesdays and/or Thursdays. Fee: \$225.00 to \$450.00 based on level. Adolescent and adult group fee will be based on # of sessions.

To obtain more information or to register by May 21st, contact Amy Plante at 862-2546 or by e-mail amy.plante@unh.edu

More details are available on their brochure at http://www.shhs.unh.edu/docs/csd/2010_summer_brochure.pdf

Katie Beckett Medicaid at the Age of Eighteen ~ Did You Know?

If your son/daughter is on Katie Beckett Medicaid and has turned 18 years of age, you must re-apply for eligibility under the Aid to the Permanently and Totally Disabled (APTD). It is recommended you make this new application following the person's 18th birthday, but prior to turning 19. The sooner the better. If you wait until after their 19th birthday you will lose your coverage waiting for the eligibility determination for APTD to be made. At 19 your son/daughter will no longer qualify under Katie Beckett and will automatically be terminated from this Medicaid program. You will not receive notification of this termination.

Music this Summer

Manchester Community Music School is offering various summer programs for 2010. One is a music therapy group for 45 minute sessions for 6 weeks beginning June 21. Cost is \$168.00. Financial aid is available. Music therapy groups are focused on increasing the student's social and communication skills, awareness of others, turn taking & following directions. Students may be verbal or non-verbal and are welcome to bring any augmentative communication devices that may enhance communication and participation. Groups will be determined based upon age, diagnosis, and the developmental level of each participant. To find out more about the many programs and camps the school is offering, call 644-4548 or log onto www.mcmusicschool.org.

Social Skills Groups

By: Therapy in Motion, LLC
Where: The Kettle Carriage House, 6 Sarah's Way, Newton, NH 03858
When: Thurs 6:30-8:30pm, June 17
For: Children/teens who are experiencing social, interpersonal and communication challenges (interviews will be conducted prior to acceptance)

Cost: \$600.00 per each 6 week session

These groups are specifically designed interactive programs to promote the development of social understanding, social competence, and social skills. Groups are designed to serve individuals with Asperger's Syndrome, Non-Verbal Learning Disability and/or related challenges. They are led by a speech pathologist and an occupational therapist.

Contact information is as follows:

- * 686-6775, e-mail mab6173@aol.com, or
- * 401-7870, e-mail akoocher@comcast.net.

Region 10 Family Support Council

Robin Knight
Chairperson
(Sandown)

Laurie Giguere
Vice Chairperson
(Salem)

Mariellen Rowe
Secretary
(Derry)

Lynn Aboujaoude
(Pelham)

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(Derry)

Katie Everett
(Windham)

Carol Ingram
(Windham)

Susan Nyberg
(Chester)

Aleece Pappas
(Salem)

Darlene Wilson
(Newton)

Meetings are scheduled the **third Tuesday** of the month from 6:30– 9:00 pm at Region 10.

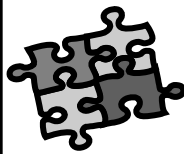




**A List To Keep Handy
Region 10 CSS
Employee
Extensions**

Aleece.....	322
Anita.....	334
Bill.....	317
Carole F.....	307
CaroleT.....	336
Chris.....	312
Dee.....	323
Dianna.....	314
Donna.....	340
Irek.....	333
Gina.....	332
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Kelly.....	331
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Mary.....	313
Nancy.....	338
Robb.....	325
Sheila.....	306
Stacy.....	337
Tammy.....	326
Terri.....	321
Tina.....	341
Tom.....	316

Just call
Region 10 at
603-893-1299
and dial the
extension of the
person with
whom you wish to
speak!



Autism News:

For Autism Support Groups, log onto <http://www.autism-society-nh.org/Support.html>

Autism Summer Institute

The 12th Annual Autism Summer Institute – “A New View of Students with ASD: Implications for Inclusive Education” will be held at the Crowne Plaza Hotel, Nashua, NH from August 9 to 12, 2010, Mon., Tues., Wed. 8:00am to 3:45pm, and Thurs. 8:00am to 12:00pm. There will be a new format with breakout sessions and themes that include:

Instruction, Communication, Social Relationships, Behavior, and Futures’ Planning

Keynote Presenters: Ari Ne’eman, Cheryl M. Jorgensen, Ph.D., Jeff Strully, and Judy Endow, MSW. To make reservations or inquire contact the Institute on Disability at 228-2084 or contact.iod@unh.edu. Mention the ASI when making your reservation.

Statewide Communication Conference

“Making Communication Happen Worldwide” is a Statewide Communication Conference being held on October 26, 2010 at the Hilton Burlington Hotel in Burlington, Vermont. “Making Communication Happen Worldwide” is a one day conference that will provide practical and in-depth information to people who support adults and transition age youth with communication challenges. The conference highlights 14 breakout sessions, assistive technology vendors, art exhibit and a special premiere showing of a new feature length documentary about adults with autism around the world. The centerpiece of the story is the friendship of two Vermonters, Larry and Tracy, and their work to advocate for others with Autism. They took a trip around the world determined to put a new face on Autism. Keynote by Douglas Biklen, PH.D., Dean of the School of Education, Syracuse University and co-producer of the film; panel discussion with Larry and Tracy and others from the film. For more information contact June Bascom, Division of Disability and Aging Services/DAIL, 103 South Main Street, Weeks Building, Waterbury, CT 05671-1601, phone at 802-241-2644.

PACER Center

REFERENCE POINTS is administered by PACER Center <http://www.PACER.org> as a technical assistance activity of the TATRA Project. The TATRA Project is funded by the Rehabilitation Services Administration.

To SUBSCRIBE to REFERENCE POINTS go to <http://www.pacer.org/tatra/list/index.asp>

Readers are invited to send information about new resources on secondary education, transition and vocational rehabilitation topics to tatra@pacer.org.

Reference Points received initial support from the National Center on Secondary Education and Transition <http://www.ncset.org/>. Visit their web site for a wealth of information related to secondary education and transition for youth with disabilities.

Postsecondary Financial Assistance Available to Young Adults with Down Syndrome

The Joshua O’Neill and Zeshan Tabani Enrichment Fund offers financial assistance to young adults (18+) with Down syndrome who wish to continue to enrich their lives by enrolling in postsecondary programs or taking enrichment classes that will help them to enrich life through employment, independent living skills, life skills or another way. To date, over thirty students have received grants from NDSS to help cover the costs of pursuing their post-secondary education and enrichment goals.

Visit www.ndss.org to download the application, or contact Vanessa Quick at vquick@ndss.org or 800-221-4602 with any questions.

Music Therapy

A music therapy overview was held by the Manchester Community Music School on April 14th at the Atkinson Community Center. Several families



Music Therapist, Nicole with Mikey Pappas

attended and their children participated in an impromptu music therapy session. The children explored several different types of drums while the music therapist strummed her guitar and led the group in a song about jungle animals. Each child received personal attention from the music therapist and had the opportunity to participate in whatever way possible. The children were encouraged to interact with one another and they were prompted to follow directions as a group. It was fun for everyone and the music therapists answered questions and provided information packets. Region 10 is considering offering music therapy groups in the future. If interested, please call Anita Trudel at Region 10, 893-1299 x.334 or email atrudel@region10nh.com. Please let Anita know what date and time works best for your schedule.

Thank You To All Who Generously Contributed to Our 2010 Silent Auction!

A & A Balloon Rides	Jamie Holland	Sal Napoli
Amy Valez	Jane Dichard	Sandra Burkett
Anita & Terry Trudel	Jenni Morin	Sandy Moulton
Anna Masaulauske	Jinelle Hobson	SarahCare Adult Day Care Center
Anne Ania & Associates	Judith Crane	Searles Castle, Salem
Armand Boutin	Kalil Dental Associates, Methuen	Shabby Chic, Windham
Artistic Creations, Windham	Karen Hill	Sharon Krause
ATS of NH	Kathi Russman	Shaw's
Baron's Appliance, Plaistow	Kathy Goodwin	Signatures Apparel, Salem
Bea Pappas	Kelly Gilbert	Simon and Schuster
Bill Dillon	Kelly Judson	Sky Venture
BJ's Wholesale Club, Salem	Kerry's Dance Center	Southwest Airline
Bob's Discount Furniture	Kim Cremin	Stacy Merriam
Books Are Fun	Kristen Pelletier & Family	Sue Scovatti
Buzz Durkin's Karate Studio	Lena Leaman	Tammy Dudal
C Coast Cable Systems	Leona Adams	T-Bones/ Cactus Jack's
Career Resources	Leslie Coughlin	Terri Cadorette
Cariann Duszak	Leslie Stratos	The Blue Glass Dragonfly
Carole Thibodeau	LifeShare	The Common Man
Carolyn Wysocki	Linda Jennings	The Fuller Family
Cathy Spinney	Linda Steir	The Prime Butcher
Cathy Tedesco	Lisa Ricci	Van Otis Chocolates
CGI Benefits Group	Living Innovations, Salem	Windham Jewelers
Charlie Kamitian	Liz Walker	Work Opportunities Unlimited
Children's Museum, Dover, NH	Londy Rodas	Zorvino Vineyards, Sandown
Chris Fram	Lorraine Tombarelli	McAuliffe-Shepard Discovery Center, Concord
Chris Roy	Marilyn Dillon Photography	
CommuniK-9	Marilyn, Salon Sophia Day Spa	
Curves, Londonderry	Marion Stanley	
Deanna Johnson	Marjorie Bristol	
Denise Florridia	Mike's Red Barn	
Diana O'Reilly	Minnon Concrete	
Dianna Winward	Mohegan Sun	
Dick Lacross	Mr. Steer Meats	
Don & Carole Lessard	Nancy Murphy	
Donna Cocozza	NH-PBS	
Dorothy Russo	Oracle	
East Coast Lumber, Hampstead	Papa Gino's	
East West Massage & Whole Health	Party Playland	
Enterprise Bank	Paula Brown	
Funspot, Laconia	Paula Lorigan	
Ginny Schimanski	Peabody Essex Museum	
Gus Moral	Pediatric Dentistry	
Hadley Media, Windham	Pentucket Bank, Hampstead	
Hampstead Health and Fitness	Pest-End, Inc.	
Heav'nly Donuts	Phyllis Carifio	
Infinite Fitness, Windham	Priscilla Wells	
Irek Kazmarczyk	Rob Frye	
It's All About Mio	Robin Hill Farm	
J Michaels Sports Pub, Windham	Rose Lemay	

"Any Man can be a Father, but it takes someone special to be a Dad"

~Anne Geddes

CHARITY BLAST

If you make your purchases online, you can help raise money for families of Region 10 by simply going to this website, www.charityblast.com. Before you make an online purchase go to the above web address and select Region 10, then choose your retailer and order as usual. A portion of each sale goes directly to Region 10. See for yourself how simple this is by going to the website for your next online purchase. **Just a few simple steps can help make a difference for some people!!**



And Helpful Volunteers~

Beccy Anderson, Dave Anderson, Tom Call, Julie Garvey, Jay Houle, Deanna Johnson, Meghan Mahar, Ciara Navarria & Ashton.

Newspaper Clippers Needed

From time to time Region 10 will send out News Releases to local newspapers. While we send out the releases, we also like to keep track of what gets published. We are asking for your help in tracking these releases. If you see an article pertaining to Region 10, please clip it and send it into our office. Be sure to include the name of the publication and the date that the release was printed. Currently we send releases to papers within the 11 towns we serve, including, but not limited to Atkinson, Chester, Danville, Derry, Hampstead, Newton, Pelham, Plaistow, Salem, Sandown and Windham.

Executive Director

Jane Dichard

Newsletter Editor

Stacy Merriam

Calendar of Upcoming Trainings

Board of Director's Meeting

**June 10, 2010
6:30 pm**

Date & time subject to change. Please call to confirm if attending.

*If not connected to Region 10 Community Support Services Inc., there is a \$25 per day fee charged for trainings.

If you would like more information on any of the trainings sponsored by Region 10, please call 893-1299.

JOIN US FOR THE FOLLOWING:

June Trainings:
will be held at
Region 8
One Sky Community Services,
Portsmouth, NH

Quality of Life
Martha Bonneau
June 16, 2010
9:00 a.m.-12:30 p.m.

Health & Safety
Martha Fenn King
June 16, 2010
1:00 p.m.-4:30 p.m.

***Please register by
June 9th*



"A Father is always making his baby into a little woman. And when he is done he turns her back again."

~Enid Bagnold

July Trainings:
will be held at
Region 8
One Sky Community Services,
Portsmouth, NH

Empowerment
Lynn Tonkin
July 21, 2010
9:00 a.m.-11:00 a.m.

Rights
Sharon Richey
July 21, 2010
11:30 a.m.- 2:00 p.m.

Overview of System & Developmental Disabilities
Cathy King & Bob James
July 21, 2010
2:15 p.m.- 4:15 p.m.

***Please register by
July 14th*

August Trainings:
will be held at
Region 8
One Sky Community Services,
Portsmouth, NH

Understanding & Supporting Effective Behavior/Helping People Learn Useful Skills
Sharon Richey
August 18, 2010
9:00 a.m.-2:00 p.m.

***Please register by
August 11th*

"Dad you're someone to look up to no matter how tall I've grown."

~Anonymous



Serving individuals with developmental disabilities and their families in the following communities:

Atkinson
Chester
Danville
Derry
Hampstead
Newton
Pelham
Plaistow
Sandown
Salem
Windham