

Making A Positive Difference Everyday!!



Connections

APRIL 2010



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Region 10's 13th Annual Kid's Carnival~ A Great Success!

On behalf of the Region 10 Kid's Carnival Committee, please accept our sincere thank you for all the support to this years 2010 carnival held on February 13, 2010. This successful event was Region 10's 13th Annual Carnival and it is because of people like you! It was a beautiful and sunny day that brought in the biggest crowd to date. Young and old had a great time. The money raised at the event will benefit children and adults with developmental disabilities or acquired brain disorders in our community. Your generosity and thoughtfulness is greatly appreciated and will not be forgotten. We received fabulous cakes for the Cake Walk from so many of you. (You know who you are.) Thank you for making the cake walk a huge success!

A GREAT BIG THANK YOU.....

Major Sponsors: Pentucket Bank; Playmates Learning Center; RideAway; Salem Co-op & Wal-Mart.

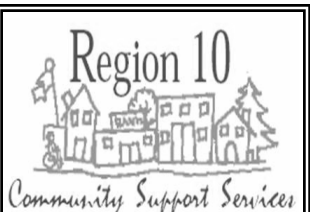
All demonstrations are performed by volunteers:

Zoo Creatures; Ronald McDonald; Ocasio's True Martial Arts; Studio of Performing Arts; Kindermusik with Miss Rose; Balloon Bop and staying fit with Coach Mitch; Meet & Greet Salem Police; Officer Paul Benoit & Til

Items were generously donated by:

Mr. and Mrs. Len Dichard; Mr. and Mrs. Fran Forgit; Mrs. Barbara Gemme; The Judson Family; BJ's Wholesale Cub; Ms. Karen Hill; The Garvey Family; Ms. Jill Johnston and Family; Mr. and Mrs. George Hilenski; Nancy Murphy; Mr. and Mrs. Rolland Prairie; Ms. Adele Prairie; Mr. and Mrs. Roger Smith; Mrs. Lisa Ricci and Friends; Ms. Chris Roy; Ms. Shannon Bryant; Ms. Andrea Glynn; Ms. Cathy & Kelly Spinney; Mrs. Marion Stanley- Longaberger Consultant; The Sheehan/Coyne Family; Ms. Linda Stinchfield & Family; Manchester Monarchs Hockey Club; McDonald's-The Napoli Group, LLC.; McDonald's of Raymond - Dwight Barnes; Chickadee Hill Cakes-Sandown; Panera Bakery-Paul Ford; Pentucket Bank - Mary Lonergan; Atkinson Graphics - David Tremblay; Camp Sandlot - Mencis & Meehan Families; Sandlot Sports & Entertainment - Mitchell Mencis; Garand's Discount - Norman Garand; Portland Sea Dogs; Mr. Michael Delahanty - Salem School District; Ride-Away; Salem Co-operative Bank; Ms. Rose Lemay - Kindermusik; Boston Celtics; New England Revolution; Ms. Michelle Murphy-Atkinson Women's Civic Club; Boston Red Sox; Build-A-Bear Workshop; Salem Police Department; Zorvino Vinyards - Jim Zanello; Toss N Sauce of Hampstead; The Macione Family; Chunky's Pub & Cinema; Route 108 General Store, Newton-The Bateman Family; Heather Beaulieu - Discovery Toys; Christopher McDonald; Caroline Manikian; Donna Georgiou; Ararat Armenian Church; The Fuller Family; Life is Good; Pepsi; Stonyfield Yogurt; Ford of Londonderry; TD Bank; UTZ Snacks

The committee's dedication to this event was amazing. Your contributions with ideas, items donated and time are very much appreciated by all. We had more items donated and were able to keep the expenses lower than ever. Thanks to Tammy Dudal, Linda Meehan, Kelly Judson, Jinelle Hobson, Leslie Coughlin, Linda Stinchfield, Kristen Frost & Katie Everette. Chris Roy, Sheila Prunier & Carole Fongemie deserve a great big thank you for all their behind-the-scenes work.



MISSION STATEMENT
"Our mission is to support people who have developmental disabilities or acquired brain disorders, in partnership with families and caregivers, to enhance their independence and personal growth while fostering meaningful relationships and involvement within their communities."-Region 10



**Region 10
Board of Directors**
(towns they represent)

**Cathy Spinney,
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(Salem)

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(Atkinson)

2010 Summer Camp Opportunities:

“Life Camp” at Camp Allen, 56 Camp Road, Bedford, NH, is offering young adults an opportunity to take their first steps towards living independently by helping them develop a personal budget, plan a daily and weekly schedule, manage their time, make personal and group decisions, explore vocational options, plan, shop and cook meals, plan fun activities and community service. Cost of the camp is \$600.00 which includes fees, personal spending money, food and lodging, and transportation around Greater Manchester. Camp runs from May 23 – 29. For information or to register, please call Camp Allen at 603-622-8471.

Easter Seal’s “Camp Connect,” Manchester, NH, is offering a program for elementary age and middle school children with Asperger’s Syndrome, Autism Spectrum Disorders, or social communication challenges (children must demonstrate strong verbal skills) starting July 6th to August 5th from 9 am to 2 pm. Contact Easter Seals, NH, The Family Place, at 603-895-1522 for more information.

“Camp Chatterbox,” an ACC camp held at the Fairview Lakes Camp and Conference Center in Stillwater, NJ (near the Delaware Water Gap) has several openings for new campers. The camp facility is wheelchair accessible. Campers must be between the ages of 5 - 15 and be using an ACC device. The theme is Survivor: Camper vs. Parents. Parents (and siblings) join the camper for the program and participate in the full range of recreational and therapeutic Camp activities. Camp Chatterbox will take place from June 20 – 26, 2010. For more information or to download an application, visit www.campchatterbox.org

Save the date...

NH Brain Injury proudly hosts the **Wings of Hope Airshow** August 28 & 29, 2010 at the Portsmouth International Airport at Pease Airforce Base in Portsmouth, NH, featuring the US Navy’s Blue Angels.

For more information go to BIANH.org and click on events.

Just Another Piece of the Puzzle

~Jigsaw Puzzle Drive~

It’s spring cleaning time! Please consider donating your new or slightly used jigsaw puzzles. We are looking for all types and sizes suitable for adult use.

Please drop off at Region 10 or contact Aleece at 893-1299, ext. 332, to make other arrangements.

~JUST FOR FUN BRAIN TEASER~

Imagine you are in a sinking rowboat surrounded by sharks. How would you survive?

(Look on the back page of Connections for the answer!)

**2010 NH Family Support
Conference**

The 24th Annual New Hampshire Family Support Conference will be held at The Mount Washington Resort, Bretton Woods, NH April 30, May 1 & 2, 2010. You should have received a conference booklet in the mail. If you have any questions or did not receive a booklet, please contact Kelly Judson at Region 10, 893-1299, X331 or e-mail kjudson@region10nh.com. The entire booklet and forms are also available on the website at www.nhfsc.com. Please send completed registration forms to Region 10 CSS, 8 Commerce Drive, Atkinson, NH 03811.

**Family/Guardian Satisfaction
Survey**

Satisfaction with supports and services received in the developmental services system is measured using the family/guardian surveys. There are three versions of this survey.

- ◆ The Adult Family Survey is for individuals over age 21 receiving supports and services who live in the family home. In this situation, the family receives the Adult Family Survey.
- ◆ The Family/Guardian Survey is for individuals over age 21 receiving supports and services outside the family home. In this situation, the family receives the Family/Guardian Survey.
- ◆ The Children/Family Survey is for children between ages 3 to 20 who receive supports and services. In this situation the family receives the Children/Family Survey.

Surveys will be mailed out to families on March 15th and should be returned to the Community Support Network, Inc., our statewide organization, in the preaddressed stamped envelope. Surveys should be returned no later than Thursday April 15th. They should take approximately 20 minutes to complete.

All collected information will be kept confidential. Persons who deliver your services or decide how much service you receive will not know how you answered the questions.

In addition to using the feedback to improve supports and services, the New Hampshire Bureau of Developmental Services is participating in the National Core Indicators project which will allow us to compare our services to those in other states. All survey results will not include any names and your family will not be identified in any way.

While your participation in this survey is entirely voluntary, your feedback is critical to improve our supports and services. We are hopeful to have a high rate of return on this survey. If you have any questions about the survey you can contact Judith Crane at Region 10 (893-1299).



FAMILY SUPPORT



FAMILY SUPPORT TRAININGS & GROUPS

Post-Secondary Transition Workshop Series

The Pathway from High School to a Career:
Promising Strategies, Supports, and Partnerships
in Secondary Transition

The **2010 Research to Practice Series** from the UNH Institute on Disability focuses on several unique strategies for developing effective, outcome-based educational experiences that promote the successful transition of students with disabilities and students at risk to their chosen post-secondary experiences.

Please see the individual workshops below for more information.

Assistive Technology and Transition

Date: Thurs., April 15, 2010 | **Time:** 9am to 3pm

Registration Fee: \$75

Instructor: Therese Willkomm

High School is Transition: A Framework for Reform that Allows Schools to Educate All Students

Date: Thurs., May 13, 2010 | **Time:** 9am to 3pm

Registration Fee: \$75

Instructor: JoAnne Malloy

Location: Holiday Inn, 172 N. Main St, Concord, NH

Full workshop descriptions, presenter information and online registration: Visit <http://www.iod.unh.edu/events.html> or call 603.228.2084.

***Registration fees include continental breakfast, lunch, and materials. *Workshops qualify for Staff Development Credits/Contact Hours.**

Questions about IOD professional development opportunities? Visit the IOD online at

www.iod.unh.edu or e-mail contact.iod@unh.edu.

Is Your Child Sound Sensitive?

Check out this website for therapeutic games and music for auditory hypersensitivity in Autism, ASD, PDD, PDD-NOS, ADD, ADHD, and Down Syndrome: www.vision-audio.com.

Preschool Transition Open House

Do you have a child in Family Centered Early Supports & Services?

Do you have questions or feel anxious about the transition from Early Supports & Services to the school district (SPED)?

Do you know when the transition process begins and what the steps are?

Join us for this interactive training session and meet your Preschool Coordinator.

Date: April 16, 2010

Time: 9:30 to 11:30

Place: Easter Seals of Salem

Phone: 893-0984

Childcare will be provided at the workshop if needed. To register call Tammy Dudal at 893-1299 ext. 326 and leave a message if you can attend this workshop and if you need childcare. It is important to RSVP at your earliest convenience to ensure that your school district will attend this workshop.

Friends of Atkinson Recreation Fundraiser

Friends of Atkinson Recreation will be sponsoring a fundraiser for the **Atkinson Community Center** to assist in replacing the kitchen stove & upgrading some kitchen utensils and items. There will be a buffet dinner, with music and raffles. Tickets are \$10 per person, \$5 for children under 6. Please RSVP by April 5th, 2010. If you have any questions or need more information please contact Noriko Yoshida-Travers at 362-5531 or email at atkinsoncenter@aol.com.

Some Valuable Trainings and Workshops

To access the NH Bureau of Developmental Services Education and Training calendar for March to November, 2010, go to <http://www.dhhs.nh.gov/DHHS/BDS>

Katie Beckett Medicaid at the Age of Eighteen ~ Did You Know?

If your son/daughter is on Katie Beckett Medicaid and has turned 18 years of age, you must re-apply for eligibility under the Aid to the Permanently and Totally Disabled (APTD). It is recommended you make this new application following the person's 18th birthday, but prior to turning 19. The sooner the better. If you wait until after their 19th birthday you will lose your coverage waiting for the eligibility determination for APTD to be made. At 19 your son/daughter will no longer qualify under Katie Beckett and will automatically be terminated from this Medicaid program. You will not receive notification of this termination.

Region 10 Family Support Council

Robin Knight
Chairperson
(Sandown)

Laurie Giguere
Vice Chairperson
(Salem)

Mariellen Rowe
Secretary
(Derry)

Lynn Aboujaoude
(Pelham)

Carol Dabrowski
(Derry)

Katie Everett
(Windham)

Carol Ingram
(Windham)

Susan Nyberg
(Chester)

Aleece Pappas
(Salem)

Darlene Wilson
(Newton)

*Meetings are
scheduled the **third**
Tuesday of the month
from 6:30– 9:00 pm
at Region 10.*

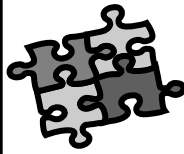




**A List To Keep Handy
Region 10 CSS
Employee
Extensions**

- Aleece.....322
- Anita.....334
- Bill.....317
- Carole F.....307
- CaroleT.....336
- Chris.....312
- Dee.....323
- Dianna.....314
- Donna.....340
- Irek.....333
- Gina.....332
- Jane.....315
- Jinelle.....311
- Judy.....339
- Kristen.....320
- Kelly.....331
- Kim.....329
- Kristine.....330
- Laura.....319
- Leslie.....327
- Mariellen.....318
- Mary.....313
- Nancy.....338
- Robb.....325
- Sheila.....306
- Stacy.....337
- Tammy.....326
- Terri.....321
- Tina.....341
- Tom.....316

Just call
Region 10 at
603-893-1299
and dial the
extension of the
person with
whom you wish to
speak!



Autism News:

For Autism Support Groups, log onto <http://www.autism-society-nh.org/Support.html>

Autism Summer Institute

The 12th Annual Autism Summer Institute – “A New View of Students with ASD: Implications for Inclusive Education” will be held at the Crowne Plaza Hotel, Nashua, NH from August 9 to 12, 2010, Mon., Tues., Wed. 8:00am to 3:45pm, and Thurs. 8:00am to 12:00pm. There will be a new format with breakout sessions and themes that include:

Instruction, Communication, Social

Relationships, Behavior, and Futures’ Planning

Keynote Presenters: Ari Ne’eman, Cheryl M. Jorgensen, Ph.D., Jeff Strully, and Judy Endow, MSW. To make reservations or inquire contact the Institute on Disability at 228-2084 or contact.iod@unh.edu. Mention the ASI when making your reservation.

**IOD Offers 10-12 Month
ASD Trainings**

The Institute on Disability is offering advanced 10-12 month training in Autism Spectrum Disorders. To register for an Info Session or for more information, contact: Ann Dillon, M.ED., OTR/L at the Institute on Disability, Durham, NH; 862-0561 or ann.dillon@unh.edu. Scholarships are available to qualified applicants. Application deadline is March 30, 2010, interviews will be scheduled in April, decisions will be made by April 21, 2010, and program begins August, 2010.

**Valuable Websites for
Independent Living**

To get valuable information and links to various websites regarding disaster emergency preparedness, Alzheimer’s, disability issues including assistive technology, community resources, employment, mental health, caregivers, recreation, and many more, go to www.silcnh.org. The New Hampshire Statewide Independent Living Council is an independent cross disability council. SILCs represent the independent living needs of persons with significant disabilities across the entire state. Their mission is to provide leadership and advocacy in support of the independent living philosophy for persons with significant disabilities.

Silent Auction Approaching

Do you have your tickets? The 7th Annual Silent Auction is just a month away! The event will take place at Zorvino Vineyards in Sandown, NH on Saturday, May 8th. Tickets are \$15.00 per person and include hors d’ oeuvres, complimentary wine tasting, a decadent dessert table and entertainment by Rob Frye, Funtimes DJ Services.

Along with a multitude of silent auction items there will be numerous raffles throughout the evening. We are excited to have received tickets to Cirque de Solei and a Boston Red Sox game. Let us not forget the all inclusive private dinner for 6 at Searles Castle. These are just some of the fabulous items you will have the chance to bid on with 100% of the proceeds going to benefit individuals with developmental disabilities or acquired brain disorders.

There is still time to donate items, purchase advertising space in our program booklet or become a corporate sponsor for this event. Call your neighbors, invite your family or make it a girls night out by contacting Region 10 at 893-1299 for your tickets. You won’t want to miss this wonderful evening.

MY CHILD CAN’T PLAY BASEBALL!?!?!?

Well listen to this~ The answer is “Yes, they can!!”

The Challenger baseball program is looking for players!!!! Our league serves children from age 5 through 18 in Region 8 and 10. It is a positive program where everyone gets a hit and scores. Each player gets a full uniform, is part of a team and gets an opportunity to have a positive experience with baseball. Little League Challenger Division **has** proven therapeutic and socialization benefits. It promotes self- esteem, teamwork and sportsmanship. But most of all it’s **fun** for the whole family!!

We adapt and work with, a wide range of disabilities and needs including people in wheelchairs, people with developmental disabilities, autism, etc. For the most part, if an individual wants to play we do our best to make it a positive experience. We have games 2 days a week (Wed. @ 6pm and Sat. @ 9am) in Hampstead NH and have players from all over southern NH. The fee is \$25, which can be waived if there are financial difficulties. There is also a banquet at the end of the year where each player receives a trophy. If you are interested, contact Paul Butler at 642-7996.

See flyer insert for “Overview of Benefits” training on May 12, 2010, presented by Granite State Independent Living.

Region 10 Fundraising Grant Award Benefits....

~Testimonial Written by Merrienne McDonald

I applied to Fundraising for a grant so we could send our special needs young man, Chris, to Camp Allen for two weeks this year. He enjoyed the week last year so much that he wanted to go for two weeks this year. This has made such a difference for my husband and I. Until last year when Chris to camp for one week, it was the first time in 18 years that we had any alone time. Being grandparents and raising two special needs boys ages 15 and 22, this sure has made a difference and has allowed us to have some much needed rest and down



time. His brother attends a year round residential school so he was away also. Thanks Region 10 for your support and thanks to all who take part in the Fundraising activities.



Listen to This!!

A few teachers recently had stepped out of line teaching songs with a political persuasion to our children, but this is one you will be proud to hear! A music teacher from Tussing Elementary in Virginia wrote the song and had all the third graders sing it. Go to: <http://www.youtube.com/watch?v=5pfBUUZNBfM> and enjoy a song we should be proud to hear!



2010 Annual Appeal

This year's Annual Appeal is winding down, but it is not too late to make a donation. All donations are very much appreciated and will be put to good use on behalf of the individuals and families served by Region 10.

We would like to thank the following individuals, as well as others who chose to remain anonymous, for their generous support of our Independence Day and our Annual Appeal. So far, a total of \$4,660 has been received.

INDEPENDENCE DAY:

Ms. Lisa Baker
 Mr. & Mrs. Frederick Bean
 Mr. & Mrs. Armand Beliveau
 Mrs. Muriel Bristol
 Mr. & Mrs. Walter Bristol
 Mrs. Barbara Brown
 Mr. & Mrs. Frank Buck
 Ms. Anita Christianson
 Mr. Michael Defeo
 Mrs. Mary Freuchet
 Mr. & Mrs. Mark Fuller
 Mr. Ernest Hebert
 Mr. & Mrs. Robert Hennigan
 Mr. Bedros Kamitian
 Ms. Kathy Maki
 Mr. & Mrs. Neal Ouellett
 Mr. & Mrs. Derek Rocca
 Mr. & Mrs. Al Sabatini
 Ms. Cathy Spinney
 Ms. Kelly Spinney
 Ms. Linda Steir
 Mr. & Mrs. John Voter, Jr.
 Mr. & Mrs. Tom Weeks
 Mr. & Mrs. Raymond Wilson
 Mrs. Judith M. Zdunko-Blair

ANNUAL APPEAL:

Mr. Edward Adamsky
 Mr. & Mrs. Frederick Bean
 Mr. & Mrs. Armand Beliveau
 Mr. & Mrs. Gregory Boghigian
 Mrs. Barbara Brown
 Mr. & Mrs. Frank Buck
 Ms. Catherine Caron
 Ms. Alice Carroll
 Ms. Grace Carroll
 Ms. Cathy Chatel
 Ms. Anita Christianson
 Mr. Walter Dawson
 Mr. Michael Defeo
 Mr. & Mrs. Len Dichard
 Dr. Dickerson
 Ms. Anna Donovan
 Mr. Joseph Durant
 Mr. & Mrs. Gerald Fenderson
 Mr. Ernest Hebert
 Mr. & Mrs. Robert Hennigan
 Mrs. Dorothy Humber
 Dr. Alan Horoian DMD
 Bob & Donna Iriana
 Mr. Bedros Kamitian
 Mr. Charlie Kamitian
 Mr. & Mrs. Vincent Kissel
 Mr. & Mrs. Jim Koczat
 Roger & Paula Lavigne

ANNUAL APPEAL CONT'D:

Mr. & Mrs. Eugene Leary
 Mr. & Mrs. Russell Leonard
 Mr. & Mrs. Dan Linehan
 Ms. Kathy Maki
 Mr. & Mrs. John Moore
 Mr. & Mrs. Tom Murphy
 Mr. & Mrs. Neal Ouellett
 Mr. & Mrs. Robert Pace
 Randazzo Dental Associates
 Ms. Frances Riley
 Mr. & Mrs. Robert Rowe
 Mr. & Mrs. Al Sabatini
 Mr. & Mrs. Ken Sabatini
 Ms. Anne Santarlasci
 Mr. & Mrs. Michael Shapiro
 Ms. Julie Shaughnessy
 Ms. Cathy Spinney
 Ms. Kelly Spinney
 Ms. Linda Steir
 Ms. Susan Thibeult
 Ms. Christine Ulaky
 Mr. & Mrs. John Voter, Jr.
 Mr. & Mrs. Tom Weeks
 Ms. Emily Whalen
 Mr. & Mrs. George White
 Mr. & Mrs. Raymond Wilson
 Dr. Wolf
 Mrs. Judith M. Zdunko-Blair

On behalf of Region 10 and all the individuals and families served, thank you all for your generous support.

~JUST FOR FUN BRAIN TEASER~

What can run but never walks, has a mouth but never talks, has a head but never weeps, and has a bed but never sleeps?
(Look on the back page of Connections for the answer.)

CHARITY BLAST

If you make your purchases online, you can help raise money for families of Region 10 by simply going to this website, www.charityblast.com. Before you make an online purchase go to the above web address and select Region 10, then choose your retailer and order as usual. A portion of each sale goes directly to Region 10. See for yourself how simple this is by going to the website for your next online purchase. **Just a few simple steps can help make a difference for some people!!**

Executive Director
 Jane Dichard

Newsletter Editor
 Stacy Merriam

Calendar of Upcoming Trainings

Board of Director's Meeting

April 8, 2010
6:30 pm

Date & time subject to change. Please call to confirm if attending.

*If not connected to Region 10 Community Support Services Inc., there is a \$25 per day fee charged for trainings.

If you would like more information on any of the trainings sponsored by Region 10, please call 893-1299.

JOIN US FOR THE FOLLOWING:

April Trainings:
*will be held at
Region 8
One Sky Community Services,
Portsmouth, NH*

Empowerment
Lynn Tonkin
April 21, 2010
9:00 a.m.-11:00 a.m.

Rights
Sharon Richey
April 21, 2010
11:30 a.m.-2:00 p.m.

**Overview of System and
Developmental Disabilities**
Cathy King
April 21, 2010
2:15 p.m.-4:15 p.m.

***Please register by
April 14th*

May Trainings:
*will be held at
Region 8
One Sky Community Services,
Portsmouth, NH*

**Understanding &
Supporting Effective
Behavior/Helping People
Learn Useful Skills**
Sharon Richey
May 19, 2010
9:00 a.m.-2:00 p.m.

***Please register by
May 12th*

***Answer to Brain Teaser**
From Page 2*

A: Stop imagining!

June Trainings:
*will be held at
Region 8
One Sky Community Services,
Portsmouth, NH*

Quality of Life
Martha Bonneau
June 16, 2010
9:00 a.m.-12:30 p.m.

Health & Safety
Martha Fenn King
June 16, 2010
1:00 p.m.-4:30 p.m.

***Please register by
June 9th*

***Answer to Brain Teaser**
From Page 5*

A: A River!



Serving individuals with developmental disabilities and their families in the following communities:
Atkinson Derry Pelham Salem
Chester Hampstead Plaistow Windham
Danville Newton Sandown